

## **STEP**

Dear Parents/Guardian,

This is the fifth-grade student leadership team speaking today.

We are planning a STEP food drive from the 2nd of December to the 13th of December. We are doing this because it will soon be Winter break and people in our community will need to gather more food. PSI is trying to collect food for the St. Louis Park STEP food shelf. We will need help from our school community,

Our goal is to get as much food as possible.

The food can't be food that needs to be refrigerated, so please make sure it will last a long period of time. So canned food items and Noodles will be good. We would also like household items, personal items, toiletries, and baby supplies. It does not need to be really expensive just what you can afford.

**This is what we need:**

## MEAT AND PROTEIN

- Canned and dry Beans (kidney, garbanzo, black, pinto)
- Canned tuna, chicken, ham or salmon
- Lentils
- Baked beans
- Peanut butter
- Soup
- Chili

## GRAINS/NOODLES

- Cereal
- Pasta of all types
- Rice (brown and white)
- Flour/ Masa cornmeal

## CANNED FRUITS AND VEGETABLES

- Spaghetti/ pasta sauce
- Vegetables (low or no sodium)
- Tomatoes (diced, whole, paste)
- Applesauce
- Fruit in juice (not syrup)

## MISCELLANEOUS

## HOUSEHOLD ITEMS

- Laundry soap
- Stain remover
- Dryer sheets
- Dish soap
- Cleaning supplies
- Paper towels

## PERSONAL CARE

- Toilet Paper
- Toothpaste
- Toothbrushes
- Dental floss
- Bar soap
- Shampoo
- Conditioner
- Deodorant
- Hand and body lotion
- Lip balm
- Female hygiene items
- First-aid supplies
- Shaving toiletries
- Hand sanitizer

## BABY SUPPLIES

- Diapers
- Baby wipes

- Spices
- Cooking oil/olive oil/ vinegar
- Condiments (ketchup, mustard, mayo, salsa, fish sauce, salad dressing)
- Coffee and tea
- Salt, pepper
- Formula
- Diaper rash lotion
- Baby wash

Thanks for your donations  
and we appreciate your  
help!

-Sincerely the 5 grade PSI  
representatives